

WINTER GIFT · WRITE OR DRAW

My kind wish letter

I ask kindly, I give from the heart and I can wait.



Write or draw | Ages 4 to 8 | At home or at school

INSIDE YOU'LL FIND

1. Asking or demanding? (game)
2. My printable letter
3. Guide for the grown-up

> It works for anyone you like: Santa, the Three Kings, your family... In winter, with the people we love.

Asking or demanding?

Asking means saying what you would like, kindly. It may come or it may not... and that's OK!

★ I ask kindly

"I would like..."
"It would make me so happy..."
"If possible..."

I demand

"I want it now!"
"It has to be this one!"
"Or I'll get cross!"

Game: colour the stars next to the kind asking sentences

- ☆ I would like a book about animals.
- ☆ I want the bike right now!
- ☆ I'd love to spend an afternoon with you.
- ☆ You have to bring me lots of presents!
- ☆ If possible, some new pencils.
- ☆ I can wait, even if it's hard.

I can give too

The nicest gifts can't be bought.


A hug


A drawing


An afternoon together


A song


Helping at home


Telling a story

My kind wish letter

To: _____ **From:** _____

1 I would like...

Write or draw up to 3 wishes. I ask, I don't demand.

- _____
- _____
- _____

2 I can give...

Tick what you are going to give.

- ☐ A hug
- ☐ A drawing
- ☐ An afternoon together
- ☐ A song
- ☐ Helping at home
- ☐ Telling a story

Another idea: _____

3 I can wait

Colour one star for each day you wait.

1 2 3 4 5 6 7 8 9 10

A drawing for you

With love, _____



Asking, not demanding

What it's for. This letter helps children say what they wish for respectfully, think about what they can give others and cope with waiting. It works with any tradition and for families who don't celebrate Christmas: it's a winter letter, to whoever we choose.

1. Read "Asking or demanding?" together and play the colouring game.
2. Write or draw **1 to 3 wishes**. Less is more.
3. Choose together what your child will give... and do it this week.

Helpful phrases

"I love knowing what makes you excited."

"It may come or it may not. What's certain is that I love you."

"What could you give without buying anything?"

"Waiting is hard. I'm here with you."

Best avoided

"If you're not good, there won't be any presents."

"Someone is watching to see if you deserve it."

Comparing presents with other children.

If the wish doesn't come: validate the feeling without guilt ("You were really looking forward to it; it's normal to feel sad"). Wishes aren't earned by being good: they are shared.



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